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“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world ”

Harriet Tubman, Humanitarian

BRINGING IT ALL TOGETHER

Now the fun part!

You’ve done so much work so far, and it’s time to bring your interests together, see what epiphanies or new insights you can draw, and FOCUS your passions.

In this section, we’re going from broad (having explored several interests in many areas to ensure we’re covering all of our bases and digging deep) to becoming more focused (honing in on the interests to which we’re most connected personally).

- You should spend about 45 minutes filling out this section.
- Be thoughtful and don’t rush through the questions, but also don’t overthink it. Write what comes to mind. Done is better than perfect!
- If you get stuck, share a #QUESTION with the community.

FROM VERY BROAD → ANALYSIS

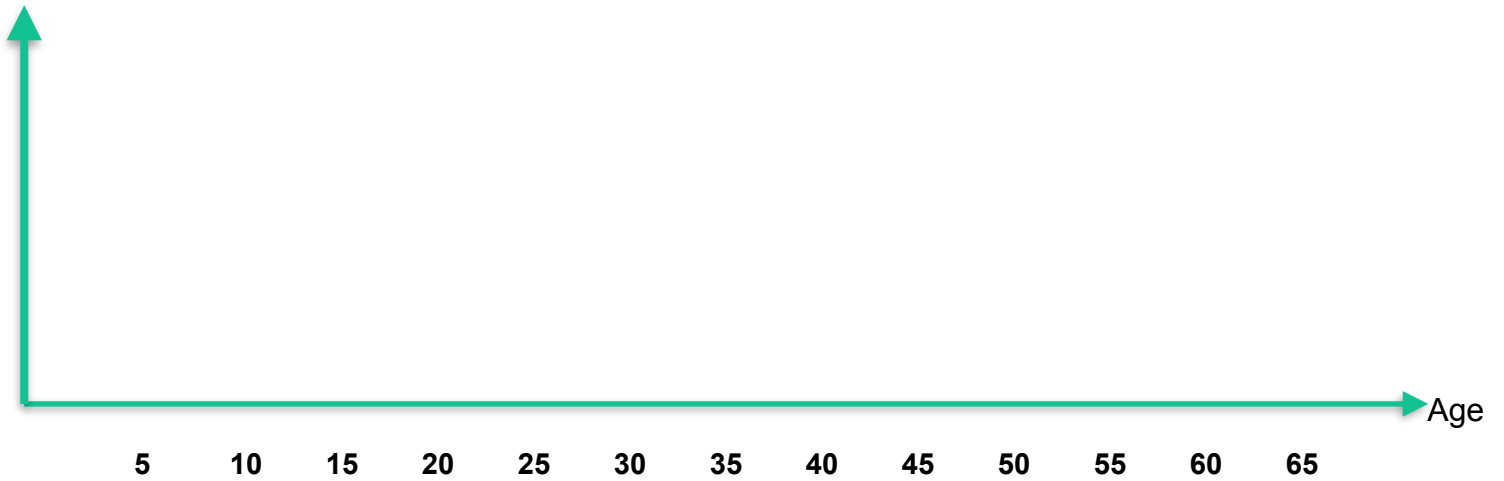
(1) Go back to the interests you listed in (1) childhood hobbies (2) areas of social impact that speak to you (3) general interests, and (4) good times, and recall the experiences associated with those interests. Spend a few minutes reflecting.

- Are there any interests to which you feel a deep connection? Go with your gut. If this is difficult to do, think about which experience or memory has affected you most deeply for the longest period of time. On the left write your top interests, and on the right recall the memory/experience associated with those interests. <<It's ok if this list is still long.>>

Interests	Memory/Experience/Thought #digdeep

(2) <<This exercise will be easier to write out, so print this page or recreate it in a new blank sheet.>> Take the MEMORIES associated with these top interests and list them out in a timeline. You'll see the age/time in your life when this interest appeared, which may lead to an epiphany about your WHY.

- Are there any patterns? (e.g. clustered areas or very sparse areas?) What shows up?
- What interests are tied to the patterns that you see?



Your epiphany_____

FROM ANALYSIS  * FOCUS*

Let's hone in on what we care about the most & why.

(3) Do you feel more focused with your interests? If yes, can you pick FIVE interests that speak to you the most? Write WHY you feel so connected to that interest on the left. The chart below will represent a focused snapshot of your interests.

Top Interests	Why

Awesome Job so Far!  Remember *Done is Better Than Perfect* 