



“When women are emotionally connected and attached to a purpose, they will take necessary risks and refuse to conform to outdated norms when seeking desired outcomes”

Dr. Stacey Radin, Author of Brave Girls: Raising Young Women with Passion and Purpose to Become Powerful Leaders

GENERAL INTERESTS

Being mission-driven doesn't have to mean working for a nonprofit or working in social impact (although anything you're interested in can certainly have a positive societal impact).

In this section, we're going to explore general areas of interest (e.g. cooking, dancing, writing, reading, speaking, etc.).

The goal is to connect specific passions and interests to something you experienced so we can identify your WHY.

Note: You may be thinking “Well I love to cook but how do I parlay that into a career.” If you're doing that you're jumping ahead. Write down whatever interests come to mind, and remember that even if you can't parlay COOKING into a career, the idea is to also think about - which parts of cooking do you enjoy, and why? What's happening while you're cooking? Eventually you may want to take THAT feeling and incorporate it into your career.

- You should spend about 30 minutes filling out this section.
- Be thoughtful and don't rush through the questions, but also don't overthink it. Write what comes to mind. Done is better than perfect!
- If you get stuck or have a question, share a #QUESTION with the community.

NEXT STEPS LET'S REFLECT!

(1) What came up for you as you completed this exercise?

(2) Are there any areas that you want to explore further?

Awesome Job so Far!  Remember *Done is Better Than Perfect*